



**Diablo Water polo families:**

**Re: Summer info - 16U and 18U Boys**

Welcome to the 2008 Summer Season! We at Diablo Water Polo Club are looking forward to what is sure to be an exciting summer. We have been hard at work developing a program that will aid in the development of all of our athletes both in and out of the water.

The High School Boys Group and Diablo are pleased to announce that Brian Bacharach (co-head coach at De La Salle, former All-American at De La Salle, Diablo, and UC Berkeley) will be joining the coaching staff!

Please carefully read the information below so you don't miss any important details.

The summer season is divided into two parts: Pre-Summer (May 27<sup>th</sup>- June 15<sup>th</sup>) and Summer (June 16<sup>th</sup>-July 24<sup>th</sup>)

**Pre-Summer Practice: May 27<sup>th</sup>-June 15<sup>th</sup>**

Athletes will be placed into 1 of 2 workout groups, High School 1 and High School 2  
See below for a description of each practice group:

**High School 1**

- Designed for athletes currently in high school or entering high school in the fall that have competed at the 14U or JV level and who wish to further their development of water polo fundamentals.

**High school 2**

- Designed for athletes currently in high school who have competed at the Varsity level and who have displayed the ability to play at a high level.

All *Pre-Summer* practices will be held at the Soda Aquatic Center, (with the exception of the JO Team tryout at Miramonte on May 31<sup>st</sup>). The HS1 group will workout from 4-530pm and the HS2 group will workout from 530-7pm. Pre-Summer practice dates are: May 28, 30, 31\* (JO Tryout Date) June 2, 4, 9, 11, 13.



### **Summer Season Practice: June 16<sup>th</sup> - July 24<sup>th</sup>**

During the Summer Season, athletes will practice with their assigned tournament teams. The high school boys group will be using both the Soda Aquatic Center and De La Salle High School during the summer season. Tentative practice schedule for the summer season (dependent upon final number of athletes and teams)

#### **Mondays and Fridays:**

- 18A, 16A 430-630pm @ DLS
- 18B, 16B, 16C 715-930pm @ Soda

#### **Tuesdays and Thursdays:**

- 16B, 16C 430-630pm @ DLS
- 18A, 18B, 16A 715-930pm @ Soda

\*On select days practice times and locations will vary (**see attached calendar**). It is important to check the calendar on the Diablo website weekly for any changes and updates.

### **Team Selection and Practice Groups:**

The first week and a half of practice, along with a Junior Olympic team tryout on May 31<sup>st</sup> at Miramonte, will be used for coaches to evaluate all athletes and place them in appropriate practice groups and tournament teams. We are expecting to be able to field both an 18U "A" and "B" team and 16U "A" "B" and "C" Team for all tournaments and an 18U "A" and "B" and 16U "A" and "B" team for Junior Olympic Qualifying. Team selection will be based upon an athlete's overall ability level, commitment to attend all practices and tournaments, and work ethic. Tournament teams and Junior Olympic Teams will be selected after the June 4<sup>th</sup> practice and posted on the Diablo website.

To ensure the highest quality of our program, the coaching staff will make all final decisions regarding practice groups, tournament teams, and Junior Olympic teams during the Pre-Summer and Summer season.

### **Junior Olympic Team Tryout:**

As previously mentioned, there will be a Junior Olympic Team Tryout at Miramonte High School on Saturday, May 31<sup>st</sup>. All athletes who wish to participate at Junior Olympics must be present at the tryout to be eligible for selection to a JO team. All 16U will tryout from 2-5pm and should arrive at Miramonte no later than 1:45pm. All 18U will tryout from 4:30-730 and should arrive at Miramonte High School no later than 4:15pm.



### **Junior Olympics:**

This year, the National Junior Olympics will be held in Southern California, in and around the Irvine area. The boys' competition will be July 26th - July 29th. In order to participate at the Junior Olympics, teams must first qualify through the zone-qualifying tournament (see dates below for each age group's qualifying dates). There will be an additional fee for athletes participating in Junior Olympics with Diablo.

### **Tournaments:**

**June 7:** Marin Tournament for 18A, 18B, and 16A

**June 8:** Marin Tournament for 16B and 16C

**June 14:** Jesuit Tournament (Sacramento) 18A and 18B

**June 14-15:** Junior Olympic Qualifying Tournament for selected 16U athletes

**June 20-22:** Junior Olympic Qualifying Tournament for selected 18U athletes

**June 21:** 16U TBA

**June 28:** Marin 20U Tournament for 18A and 18B

**June 29:** Marin Tournament for 16A, 16B and 16C

**July 11-13:** 20U Nationals for 18A (Team must qualify)

**July 12-13:** TBA for 18B, 16A, 16B, 16C (and 18A if not participating in 20U Nat.)

**July 19:** 680 Tournament at Dougherty Valley 18A, 18B, 16A

**July 20:** 680 Tournament at Dougherty Valley 16B, 16C

**July 26-29:** Junior Olympics Southern California for selected 18U and 16U Athletes

**August 2:** Diablo "Beach Rules" 4 Man Tournament at Soda (More info to come later)

**August 5-10:** Hawaiian Invitational for selected athletes

### **4<sup>th</sup> of July Holiday:**

Diablo HS Boys group will be off from July 3-6<sup>th</sup>

### **Tournament Availability:**

All athletes are expected to participate in tournaments with their assigned team. If you are not available for a given tournament you must let Coach Ray Meadows know in writing (either in a note or email) at least **2 weeks** prior to the tournament.

### **Hawaiian Invitational:**

Diablo will be sending an 18U and 16U team to the Hawaiian Invitational from August 4-11. For more information please contact coach Ray Meadows asap if you are interested in attending.

### **Age Groups:**

Born in 1990 or 1991 - 18U

Born in 1992 or 1993 - 16U



### **Summer Registration**

Cost of Summer Program: \$700 per athlete, \$1,300 for 2 players in the same family, \$1,850 for 3 players in the same family

### **Registration Forms Required:**

**1.) USA Water Polo membership.** Diablo Water Polo is in the Pacific Zone, Zone-6 and our club number is 1299. Please register before the first day of practice and bring proof of registration.

**2.) Player Registration Form**

**3.) Emergency Medical Form**

\*Payment, along with Player Registration form, Emergency Medical Form, and proof of USWP current membership need to be brought to the first practice.

Forms are available on the Diablo Water Polo Website:

[www.diablowaterpolo.com](http://www.diablowaterpolo.com)

### **Boy's High School Group Email List**

Any athlete new to the boys high school group or Diablo should email Coach Ray Meadows at [rmeadows@acalanes.k12.ca.us](mailto:rmeadows@acalanes.k12.ca.us) with the athletes name, to be added to the email list to receive updated information regarding the Diablo High School Boy's group.

### **Water Polo Conditioning**

Diablo will continue to offer water polo conditioning this summer and it is recommended to all athletes. Please check the Diablo website for additional information.

### **Post Summer:**

#### **Diablo High School Pre-season Clinic:**

Dates: August 13-15

More info to come later

#### **Diablo Pre-Season High School Tournament:**

August 16-17

More info to come later

\*August 18<sup>th</sup> is the first official date for High School Water Polo

We are looking forward to a great summer!

Please contact Coach Ray Meadows at [rmeadows@acalanes.k12.ca.us](mailto:rmeadows@acalanes.k12.ca.us) -or- (925) 324-1919 or Coach Brian Bacharach at [bbacharach@gmail.com](mailto:bbacharach@gmail.com) -or- (510) 541-5259 if you have any questions.

Coach Ray Meadows and Coach Brian Bacharach  
Diablo Water Polo Club